



## Checklist for Therapeutic Use Exemption (TUE) Application:

### Attention Deficit Hyperactivity Disorder (ADHD)

*Prohibited Substance: Methylphenidate and amphetamine derivatives*



This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant ISTUE Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents **MUST** be provided. A *completed application and checklist DO NOT guarantee the granting of a TUE*. Conversely, in some situations a legitimate application may not include every element on the checklist.

<input type="checkbox"/>	<b>TUE Application form must include;</b>
<input type="checkbox"/>	All sections completed in legible handwriting
<input type="checkbox"/>	All information submitted in [language]
<input type="checkbox"/>	A signature from the applying physician
<input type="checkbox"/>	The Athlete's signature
<input type="checkbox"/>	<b>Medical report should include details of;</b>
<input type="checkbox"/>	Medical history: age at onset of ADHD symptoms, age at initial diagnosis, symptoms across more than one setting, trial of non-prohibited interventions (if used)
<input type="checkbox"/>	Diagnostic tests or rating scales used (e.g., Conners, DIVA)
<input type="checkbox"/>	Interpretation of symptoms, signs and test results by physician (paediatrician, psychiatrist or other physician specializing in ADHD)
<input type="checkbox"/>	Diagnosis referring to ICD 10 or DSM 5
<input type="checkbox"/>	Stimulant prescribed (methylphenidate and amphetamine are prohibited in-competition) including dosage, frequency, administration route
<input type="checkbox"/>	<b>Diagnostic test/scale results should include copies of;</b>
<input type="checkbox"/>	These could include but are not limited to: Adults: ACDS, CAADID, CAARS, Barkley, DIVA 2.0 (copy of original test/scale) Children: Vanderbilt, K-SADs, DISC, Conners, SNAP (copy of original test/scale)
<input type="checkbox"/>	<b>Additional information included</b>
<input type="checkbox"/>	Supplementary reports which support the diagnosis: e.g., reports from psychologists, school teachers, parent/guardian (not mandatory)